

CME



CAST

EPISODE 1

Breaking Down the Barrier of HIV-Related Stigma: Health Care Disparities and Unconscious Bias

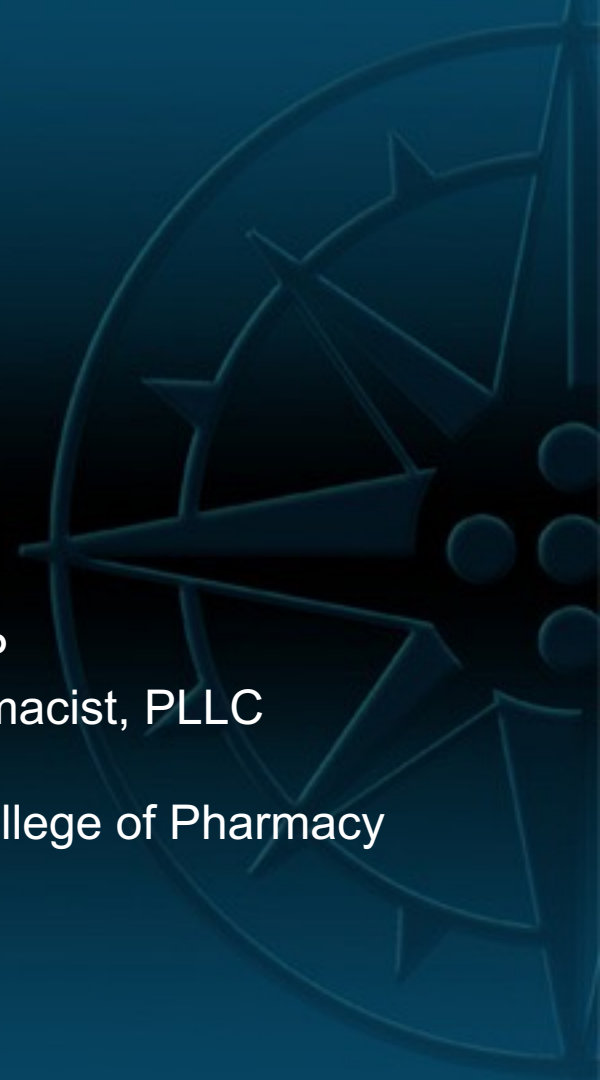
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Learning Objective

Recognize health care disparities and unconscious bias associated with HIV-related stigma in reference to race, gender, and identity.



Pre-Exposure Prophylaxis (PrEP) Basics



PrEP: Highly effective **antiretroviral medications** taken by people at risk for acquiring HIV to **prevent HIV infection**

Clinician Guidance for PrEP Use

	Sexually Active Adults and Adolescents	Persons Who Inject Drugs (PWID)
Identify risk of HIV infection	<p>Anal or vaginal sex in past 6 months AND any of the following:</p> <ul style="list-style-type: none">• HIV-positive sexual partner• Bacterial sexually transmitted disease in past 6 months• History of inconsistent or no condom use	<p>HIV-positive injecting partner OR Sharing injection equipment</p>
Assure clinical eligibility	<p>All the following conditions are met:</p> <ul style="list-style-type: none">• Documented negative HIV test result within 1 week before initially prescribing PrEP• No signs/symptoms of acute HIV infection• No contraindicated medications	

HIV = human immunodeficiency virus

Image from flaticon. U.S. Public Health Service. Centers for Disease Control and Prevention (CDC) Website. 2021. <https://www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-prep-provider-supplement-2021.pdf>. Accessed February 23, 2022.

HIV and PrEP Knowledge Gaps: Did You Know?

3 out of 4 people in the U.S. who could benefit from PrEP are not receiving it

1/4 of new HIV infections are attributed to **heterosexual** activity

Women represent **19%** of new HIV diagnoses but only **7%** of PrEP users

21% (and growing) of new HIV infections occur in young adults under **24 years old**

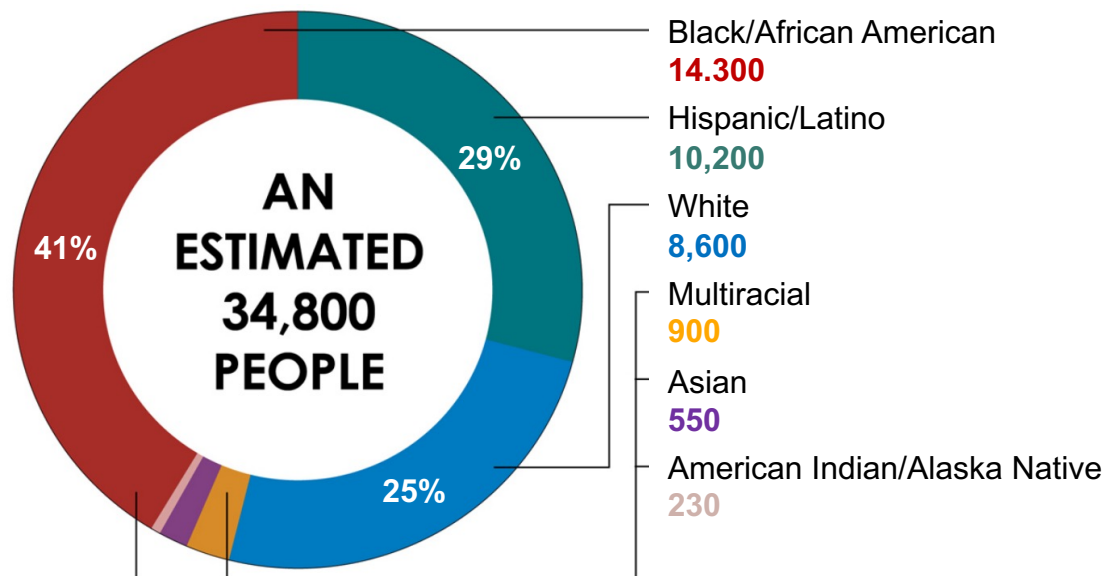
Southern states account for **over 1/2** of new HIV diagnoses but **less than 1/3** of PrEP users

HIV-negative PWID:
55% report **receptive sharing** of injection equipment
33% report recent **condomless sex** with HIV+ partner

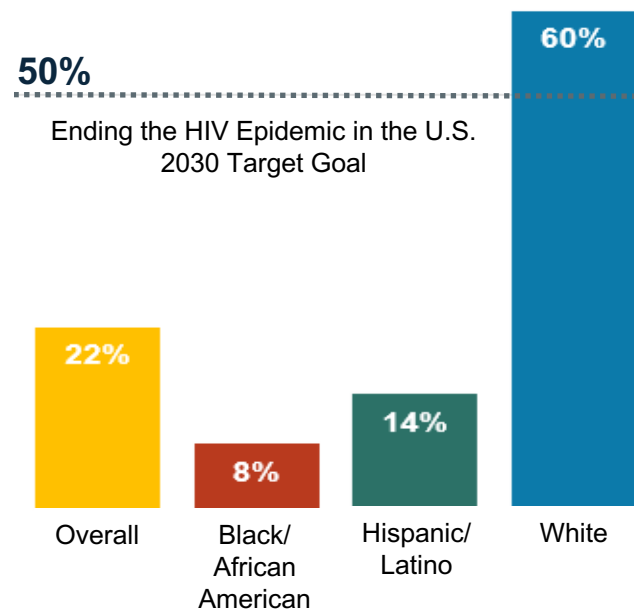
Rates of new HIV infection among **Black women** are **11x** that of **White women** and **4x** that of **Latina women**

Race/Ethnicity HIV and PrEP Disparities

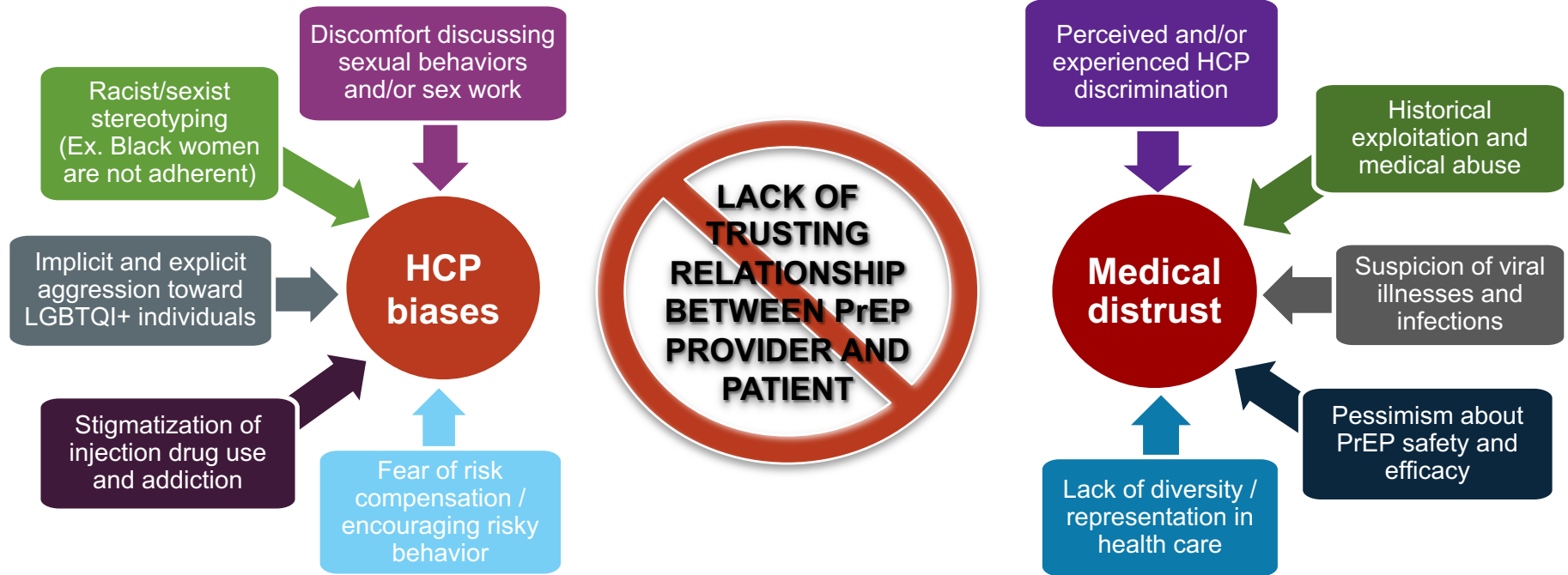
New HIV Infections in the U.S. by Race/Ethnicity, 2019



PrEP Coverage in the U.S. by Race/Ethnicity, 2019

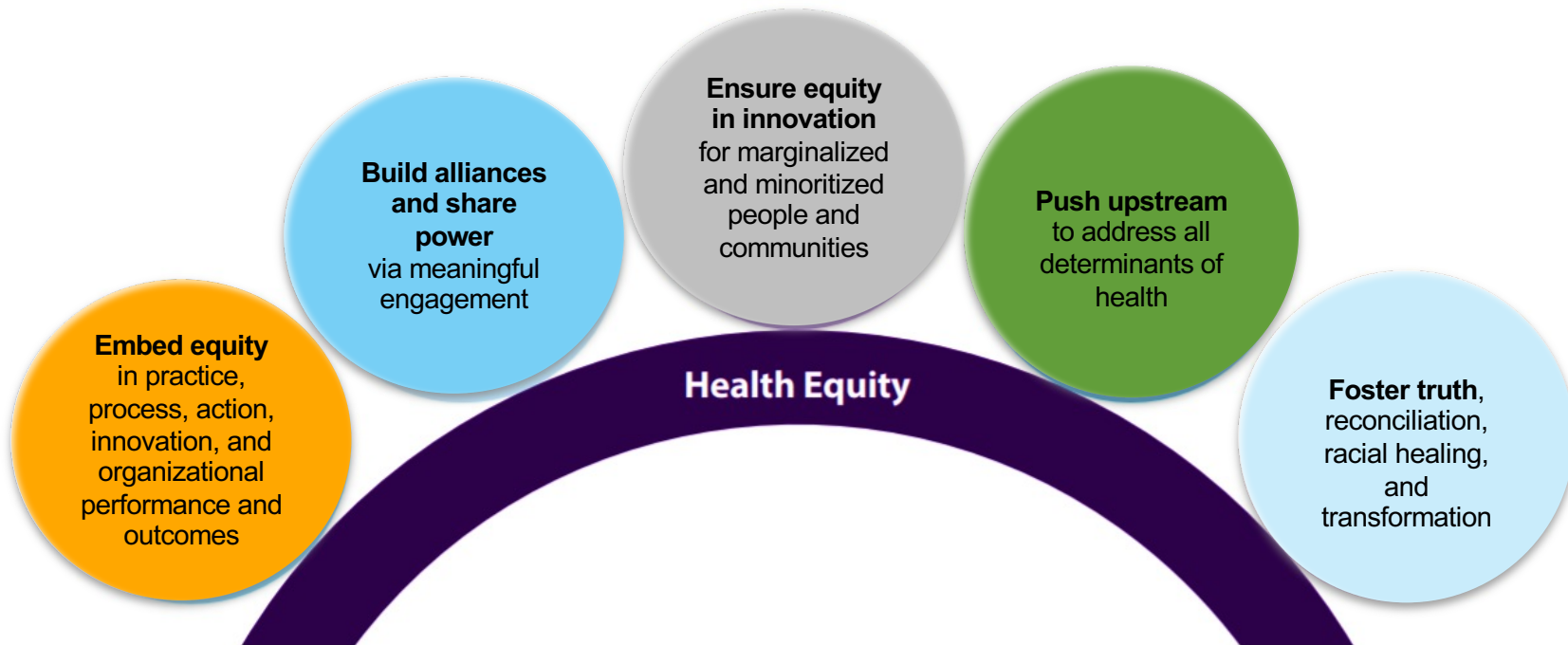


Health Care Stigma Barriers to PrEP Access



HCP = health care professional; LGBTQI = lesbian, gay, bisexual, transgender, queer, intersex
Mayer KH, et al. *Adv Ther.* 2020;37(5):1778-1811. Pleuhs B, et al. *AIDS Patient Care STDS.* 2020;34(3):111-123.

Overcoming Bias to Reach PrEP Health Equity



Change the narrative: PrEP is safe and effective sexual and social health care
Integrate inclusive and trauma-informed approaches to PrEP discussions

American Medical Association (AMA) Website. 2022. <https://www.ama-assn.org/about/leadership/ama-s-strategic-plan-embed-racial-justice-and-advance-health-equity>. Accessed February 23, 2022. HIV.gov Website. 2022. <https://www.hiv.gov/federal-response/hiv-national-strategic-plan/hiv-plan-2021-2025>. Accessed February 23, 2022. Golub SA. *Current HIV/AIDS Reports*. 2018;15(2):190-197.

SMART Goals

Specific, Measurable, Attainable, Relevant, Timely

- Identify specific populations affected by health disparities and inequities regarding PrEP use
- Recognize HIV-related stigma and implicit bias in health care that create barriers to PrEP access
- Practice destigmatizing and trauma-informed discussions about HIV and PrEP with patients and health care teams

CME  **CAST** EPISODE 2

New Horizons in HIV Prevention Education:
A Closer Look at Novel Therapies

CME  **CAST** EPISODE 3

Starting the Conversation: HIV Testing and Initiating PrEP

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