

Shedding Light on Bowel Urgency

Presenting the Latest Data
and Initiating Conversations
in Crohn's Disease Management



Monday, May 20, 2024

6:00 AM ET Breakfast

6:15-7:45 AM ET Presentation

The Capital Hilton Hotel

Presidential Ballroom



This program is not affiliated with Digestive Disease Week®

Shedding Light on Bowel Urgency

Presenting the Latest Data and Initiating Conversations in Crohn's Disease Management



Activity Description

Patients with Crohn's disease (CD) frequently experience bowel urgency, a symptom resulting in rushing to the bathroom and sometimes causing loss of bowel control. The symptom of bowel urgency dramatically impacts patient quality of life (QoL), and can lead to depression, social isolation, disruption with work, interference with relationships and sexual intimacy, sleep disruptions, and fatigue. Bowel urgency is more commonly associated with ulcerative colitis, leading many gastroenterologists to forget to assess for this symptom in patients with CD or to only assess for it in patients with disease in the colon region. However, over 70% of patients with CD experience bowel urgency and it is reported as a common and disruptive symptom alongside pain and fatigue.

In this CME Outfitters live symposium, expert faculty will discuss recognizing the frequency of bowel urgency in patients with CD and the impact to patient QoL, incorporating assessments for bowel urgency as part of thorough symptom evaluation for patients with CD, and engaging patients in open communication about their bowel urgency as part of shared decision-making in order to improve clinical outcomes.

Target Audience

Primary Audience: Gastroenterologists, physician associates (PAs), and nurse practitioners (NPs)
Secondary Audience: Nurses and pharmacists

Learning Objectives

At the conclusion of this activity, learners will be able to better:

- Recognize the frequency of bowel urgency in patients with CD and the impact to patient QoL
- Incorporate assessments for bowel urgency as part of thorough symptom evaluation for patients with CD
- Engage patients in open communication about their bowel urgency as part of shared decision-making in order to improve clinical outcomes

Faculty

Marla Dubinsky, MD (Moderator)

*Professor of Pediatrics and Medicine
Co-Director, Susan and Leonard Feinstein IBD Clinical Center
Director, Marie and Barry Lipman IBD Preconception and Pregnancy Clinic
Icahn School of Medicine Mount Sinai New York
Chief, Division of Pediatric GI and Nutrition
Mount Sinai Kravis Children's Hospital
New York, NY*

Angelina E. Collins, MSN, ANP-BC

*Board Certified Nurse Practitioner
Inflammatory Bowel Disease Center
UC San Diego Health
La Jolla, CA*

Millie D. Long, MD, MPH

*Professor of Medicine
Vice-Chief for Education
Director, Gastroenterology and Hepatology Fellowship Program
Division of Gastroenterology and Hepatology
University of North Carolina
Chapel Hill, NC*

Shedding Light on Bowel Urgency

Presenting the Latest Data and Initiating Conversations in Crohn's Disease Management



Accreditation

Jointly Accredited Provider



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, CME Outfitters, LLC, is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ICPE



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 1.5 Interprofessional Continuing Education (IPCE) Credit for learning and change.

Physicians (ACCME)

CME Outfitters, LLC, designates this Live Activity for a maximum of 1.50 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

This activity is designated for 1.5 contact hours.

California Residents: This continuing nursing education activity was approved by the California Board of Registered Nursing. CME Outfitters LLC's provider number is CEP15510.

Note to Nurse Practitioners: The content of this CNE activity pertains to Pharmacology.

Pharmacists (ACPE)

This application-based activity is approved for 1.50 contact hours (0.15 CEUs) of continuing pharmacy credit (JA0007185-0000-24-019-L01-P).

PAs (AAPA)



CME Outfitters, LLC, has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

ABIM MOC



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.50 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

MIPS Improvement Activity



Completion of this accredited CME activity meets the expectations of an Accredited Safety or Quality Improvement Program (IA_PSPA_28) for the Merit-based Incentive Payment Program (MIPS). Clinicians should submit their improvement activities by attestation via the CMS Quality Payment Program website.

Royal College MOC

Through an agreement between the Accreditation Council for Continuing Medical Education and the Royal College of Physicians and Surgeons of Canada, medical practitioners participating in the Royal College MOC Program may record completion of accredited activities registered under the ACCME's "CME in Support of MOC" program in Section 3 of the Royal College's MOC Program.

Shedding Light on Bowel Urgency

Presenting the Latest Data and Initiating
Conversations in Crohn's Disease Management



Faculty



Marla Dubinsky, MD (Moderator)

*Professor of Pediatrics and Medicine
Co-Director, Susan and Leonard Feinstein IBD Clinical Center
Director, Marie and Barry Lipman IBD Preconception and Pregnancy Clinic
Icahn School of Medicine Mount Sinai New York
Chief, Division of Pediatric GI and Nutrition
Mount Sinai Kravis Children's Hospital
New York, NY*

Dr. Dubinsky reports the following financial relationships:

Advisory Board Consultant: AbbVie Inc.; Abivax; AstraZeneca; Bristol Myers Squibb Company; Celltrion Inc.; Janssen Biotech, Inc.; Lilly; Merck & Co., Inc.; Pfizer Inc.; Prometheus Biosciences; Spyre Therapeutics, Inc.; and Takeda Pharmaceuticals U.S.A., Inc.

Other financial or material support: (PI) Janssen Biotech, Inc. Road to Prevention; (Co-PI) Helmsley Foundation PK Dashboard Optimized Dosing of Infliximab is not inferior to Standard Reactive Dosing: The OPTIMIZE Trial

Marla C. Dubinsky, MD, is a Professor of Pediatrics and Medicine at the Icahn School of Medicine at Mount Sinai, New York, New York. Dr. Dubinsky received her medical degree from Queen's University, Canada. She completed her pediatric residency at Alberta Children's Hospital, Calgary, Canada, and her clinical fellowship in gastroenterology and nutrition at Sainte-Justine Hospital at the University of Montreal, Canada. She completed her research fellowship in inflammatory bowel disease (IBD) at Cedars-Sinai Medical Center in Los Angeles, California, where she served as the Director of the Pediatric IBD Center before going to Mount Sinai as the Chief of Pediatric Gastroenterology and Nutrition at the Mount Sinai Kravis Children's Hospital and as Co-Director of the Susan and Leonard Feinstein IBD Clinical Center. Dr. Dubinsky is also Co-Director of the IBD Preconception and Pregnancy Planning Clinic at Mount Sinai. She is Co-Founder of Mi-Test Health as well as Cornerstones Health, a non-profit organization dedicated to enhancing and transforming communication between health care providers, patients, and industry partners through a creative, comprehensive, and expert-based educational program. She is also Co-Founder of Trellus Health, a resilience-driven, connected health solution for chronic conditions, leading with IBD. She is also a recipient of the 2022 Sherman Prize.

Dr. Dubinsky has been engaged in IBD clinical and translational research for over two decades. Her primary research focuses on developing predictive models and web-based decision support tools that integrate clinical markers and biomarkers to predict the natural history of IBD and response to therapy. She has a keen interest in personalized medicine in IBD, and her research uncovers predictors of rapid disease progression with the goal of preventing complications by altering treatment plans. Dr. Dubinsky is the principal investigator of multiple large longitudinal cohorts including the Road to Prevention Multiplex Family Program at Mount Sinai with over 700 enrolled participants, with a goal of using multi-omics data to predict the development of IBD in unaffected family members. She is co-investigator of the Risk Stratification and Identification of Immunogenetic and Microbial Markers of Rapid Disease Progression in Children with Crohn's Disease (RISK) study and senior author on the manuscript presenting a model to predict the natural history of pediatric Crohn's disease. Dr. Dubinsky is very committed to women's reproductive health in IBD, and in addition to her research in this field she is Co-Founder of WECARE in IBD, an organization dedicated to the health of women with IBD. She is very committed to leading the next generation of female leaders in the field of gastroenterology. She has lectured widely, both nationally and internationally, and has published in more than 340 peer-reviewed journals, including New England Journal of Medicine, Gastroenterology, Lancet, JAMA, The Journal of Pediatric Gastroenterology and Nutrition, The Journal of Crohn's and Colitis, Inflammatory Bowel Diseases, and The American Journal of Gastroenterology.

Shedding Light on Bowel Urgency

Presenting the Latest Data and Initiating Conversations in Crohn's Disease Management



Faculty



Angelina E. Collins, MSN, ANP-BC

*Board Certified Nurse Practitioner
Inflammatory Bowel Disease Center
UC San Diego Health
La Jolla, CA*

Angelina Collins, MSN, ANP-BC, is a board-certified adult nurse practitioner in the Inflammatory Bowel Disease Center at the University of California San Diego. She received her master's degree in nursing from the University of San Diego. Ms. Collins is passionate about providing comprehensive, patient-centered care for all stages of Crohn's disease and ulcerative colitis, from newly diagnosed patients to those with longstanding conditions and complications as well as patients in clinical trials. Ms. Collins has been a board member of the Greater San Diego and Desert Area chapter of the Crohn's and Colitis Foundation since 2015 and currently serves as its health care provider committee chairperson.

Ms. Collins reports the following financial relationships:

Advisory Board: AbbVie Inc. and Janssen Pharmaceuticals, Inc.

Consultant: AbbVie Inc.; Janssen Pharmaceuticals, Inc.; and Takeda Pharmaceuticals U.S.A., Inc.

Speakers Bureau: AbbVie Inc.; Lilly; Janssen Pharmaceuticals, Inc.; and Takeda Pharmaceuticals U.S.A., Inc.

Shedding Light on Bowel Urgency

Presenting the Latest Data and Initiating Conversations in Crohn's Disease Management



Faculty



Millie D. Long, MD, MPH

*Professor of Medicine
Vice-Chief for Education
Director, Gastroenterology and Hepatology Fellowship Program
Division of Gastroenterology and Hepatology
University of North Carolina
Chapel Hill, NC*

Millie D. Long, MD, MPH, is board certified in internal medicine, preventive medicine, and gastroenterology. Dr. Long received her medical degree from University of Virginia in 2002. She then completed residency in internal medicine and a chief residency at University of Alabama at Birmingham. She completed fellowships in gastroenterology and hepatology, preventive medicine, and inflammatory bowel disease, all at University of North Carolina. She is currently Professor of Medicine in the Department of Medicine and Director of the Gastroenterology and Hepatology Fellowship Program at University of North Carolina at Chapel Hill.

Dr. Long's clinical practice is at the UNC Multidisciplinary Inflammatory Bowel Diseases (IBD) Center. Her research interests include prevention of complications of IBD, women's health, and clinical epidemiology. Dr. Long has contributed to over 200 peer-reviewed publications, book chapters, and review articles and to the medical literature. She is the current co-Editor in Chief of the American Journal of Gastroenterology. She also serves as an invited reviewer for journals such as Inflammatory Bowel Diseases and Gastroenterology.

Dr. Long is a fellow of the American College of Gastroenterology, where she serves on the Board of Trustees. She is also a fellow of the American Gastroenterological Association and the Crohn's and Colitis Foundation, where she co-chairs the Clinical Research Alliance.

Dr. Long reports the following financial relationships:

Consultant: AbbVie Inc.; Bristol Myers Squibb Company; Intercept Pharmaceuticals, Inc.; Janssen Pharmaceuticals, Inc.; Lilly; Pfizer Inc.; Prometheus Biosciences, Inc.; Takeda Pharmaceuticals U.S.A., Inc.; and Target RWE

Research Support: Lilly; Pfizer Inc.; and Takeda Pharmaceuticals U.S.A., Inc.

Shedding Light on Bowel Urgency

Presenting the Latest Data and Initiating Conversations in Crohn's Disease Management



Disclosure Declarations

It is the policy of CME Outfitters, LLC, to ensure independence, balance, objectivity, and scientific rigor and integrity in all of their CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CE activity. CME Outfitters, LLC, has evaluated, identified, and mitigated any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process. The following information is for participant information only. It is not assumed that these relationships will have a negative impact on the presentations.

Peer Reviewers

Thai Nguyen, MD, MHA—no disclosures to report.
Michael Franks, APRN, AGACNP-BC, FNP-BC—no disclosures to report.

Patient Planner

Cristina Carroll—no disclosures to report.

CME Staff/Planners

Keshia Pitt, PhD—no disclosures to report.
Kasey Brandt, PharmD—no disclosures to report.
John Jones, PharmD—no disclosures to report.
Sandra Caballero, PharmD—no disclosures to report.
Scott J. Hershman, MD, FACEHP, CHCP—no disclosures to report.
Sharon Tordoff—no disclosures to report.

Faculty of this CE activity may include discussions of products or devices that are not currently labeled for use by the FDA. The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices.

Post-tests, credit request forms, and activity evaluations must be completed online (requires free account activation), and participants can print their certificate or statement of credit immediately (75% pass rate required). This website supports all browsers except Internet Explorer for Mac.

Shedding Light on Bowel Urgency

Presenting the Latest Data and Initiating Conversations in Crohn's Disease Management



Instructions for Interactive Technology

Use one of the iPads provided at your table to answer polling questions, view onsite presentations, and submit questions to the faculty. Please see additional information below.

ASK FACULTY A QUESTION

Select the Ask Question tab below the slide viewer to submit a question. If your question is for a specific faculty member, please include their name. Your question will be shared with the faculty for the question-and-answer portion of the session.

VIEW AND TAKE NOTES ON PRESENTATION SLIDES

Select the Take Notes tab to take notes during the meeting. All of the notes you take during the meeting will be emailed to the address provided within 5 business days.

Obtaining Credit

To receive CME/CE credit for this activity, scan the QR code to create an account.



Downloadable Resources

Downloadable resources will be available at cmeoutfitters.com/crohnsresources.

Engage with Us

Follow us [@cmeoutfitters](https://twitter.com/cmeoutfitters) for announcements about upcoming CME opportunities, healthcare news, and more!

Thank you for joining us today!

